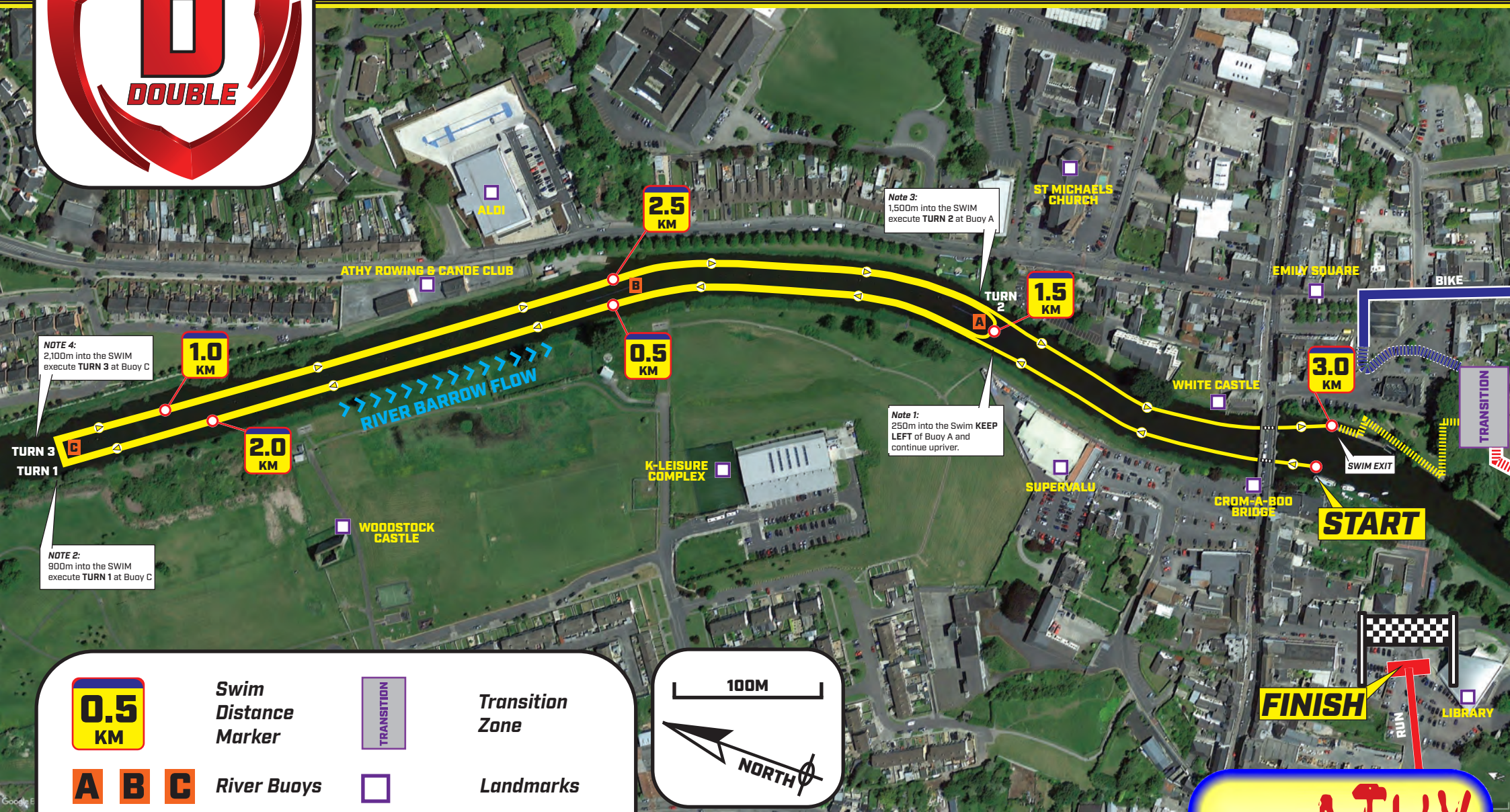


3,000m SWIM MAP



NOTE 4:
2,100m into the SWIM
execute **TURN 3** at Buoy C

NOTE 2:
900m into the SWIM
execute **TURN 1** at Buoy C

Note 3:
1,500m into the SWIM
execute **TURN 2** at Buoy A

Note 1:
250m into the Swim **KEEP LEFT** of Buoy A and continue upriver.

0.5 KM	Swim Distance Marker	TRANSITION	Transition Zone
A B C	River Buoys		Landmarks
	Swim Route		T1 IN Route
	Cycle Route		T1 OUT Route
	Run Route		T2 OUT Route

TRIATHY
FORTITUDINE-VINCIMUS
4/5 SEPTEMBER 2021